



## Keeping your household safe

Follow these tips to help you keep you and your whānau safe from fire:

- Install **long-life photoelectric smoke alarms** in every bedroom, hallway, and living area.
- All members have and **practice a 3 step escape plan** – at least two escape routes from every room, and a safe meeting place. Practice your escape plan regularly as a family, reinforcing the key messages included in Get Out! Stay Out!

## Remember:

- Keep all matches and lighters up high, out of the **sight and reach** of children. If children find matches or lighters, they should take them to an adult straight away.
- Keep your home fire safe by charging devices safely – do not overload your multiplugs, only use chargers recommended by the supplier, and avoid charging devices for prolonged periods of time.
- Regularly **check your smoke alarms**. Press the button to test!

# Get Out! Stay Out!

## For Parents and Caregivers

### Keeping our children safe from fire



**GET FIREWISE**

[www.fireandemergency.nz](http://www.fireandemergency.nz)



# Get Out! Stay Out!

## Fire safety for pre-schoolers

### Dear Parent/Caregiver

Fire moves fast, it spreads quickly giving you and your family less than three minutes to get out of the house safely.

Fire and Emergency has developed a fire-safety programme Get Out! Stay Out! for young children and their families/whānau. Together with early childhood centres, educators, and carers we aim to encourage fire-safe behaviours; most importantly – how to escape a fire safely.

Your child will soon take part in Get Out! Stay Out! For your child to successfully learn about fire safety, it is important you encourage and reinforce the key fire-safety messages in Get Out! Stay Out! at home. On completion of the programme your child will be given their own free Get Out! Stay Out! Storybook to take home.

This brochure covers what your child/ren will learn at pre-school and provides some essential fire-safety information to protect your home and family/whānau.

If you require further information or advice on where to install smoke alarms, or how to create an escape plan – go to [www.fireandemergency.nz](http://www.fireandemergency.nz)

## The facts

- Once a fire has started in a room, you will have less than **3 minutes** to get out. Having an escape plan is even more important in households where there are dependants, such as young children.
- One in four house fires start in the kitchen, and unattended cooking is the leading cause of house fires in NZ. Remember to keep looking while you're cooking.
- On average, **one third** of the residential fires we attend do not have working smoke alarms. You are four times more likely to survive a house fire if you have working smoke alarms.

## The fire-safety messages your child will learn are:

- Smoke and fire are hot, fast, and dangerous
- What smoke alarms are, how they sound and what to do when you hear them
- The importance of shouting "FIRE, FIRE, FIRE" to alert others when there is a fire
- In a fire they must quickly **Get Out! Stay Out!**
- Family needs to choose a safe meeting place outside that you all know
- Children should always give matches and lighters to an adult to put in a safe place
- What a firefighter does.

